

WEIGHTLIFTING | STRENGTH | CONDITIONING



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RUBBER GRIP PLATES

Unique design delivering functional performance, the RAZE classic rubber grip plate is a stand out performer

This is the real deal! A truly multi-purpose grip plate; use it on bars, on plate loaded machines, or as a functional weight in it's own right – the two beautifully crafted solid steel handles have plenty of room for a good grip using either one or two hands.

The handles also create a gap between the plates when they are loaded on a bar or sitting on the floor, making them really easy to get hold of without trapping your fingers.





Features

High quality construction featuring a solid steel core coated with a hard wearing propriety rubber compound

Solid steel handles finished in satin chrome for exceptional feel

Large, easy to read colour coded weight indicators



PREMIUM RUBBER DUMBELLS

RAZE premium rubber dumbells – stylishly designed and virtually indestructible – a winning combination!

• Precision machined solid steel heads are covered in a non-porous, odourless, rubber compound that's been rigorously tested for toughness and durability

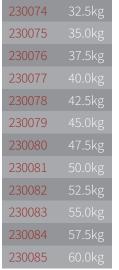
• The rubber is injection moulded to give the weights a higher level of accuracy and a more consistent finish

• The hardened chrome, straight, handle has a deep set knurl for confident grip

• Available in sizes from 2.5kg through to 60kg, in 2.5kg increments

| 230062 | 2.5kg |
|--------|--------|
| 230063 | 5.0kg |
| 230064 | 7.5kg |
| 230065 | 10.0kg |
| 230066 | 12.5kg |
| 230067 | 15.0kg |
| 230068 | 17.5kg |
| 230069 | 20.0kg |
| 230070 | 22.5kg |
| 230071 | 25.0kg |
| 230072 | 27.5kg |
| 230073 | 30.0kg |

| 230074 | 32.5kg |
|--------|--------|
| 230075 | 35.0kg |
| 230076 | 37.5kg |
| 230077 | 40.0kg |
| 230078 | 42.5kg |
| 230079 | 45.0kg |
| 230080 | 47.5kg |
| 230081 | 50.0kg |
| 230082 | 52.5kg |
| 230083 | 55.0kg |
| 230084 | 57.5kg |
| 230085 | 60.0kg |
| | |







Storage racks available

A little bit about our bumper plates...(we're very proud of them)

RAZE solid rubber plates are made with a precision, attention to detail and quality of material you will struggle to find anywhere else.

Through meticulous research, development, testing and refinement, we have determined that each weight of plate needs to have its own special blend of rubber compound to ensure it has the correct structural integrity and strength to withstand the rigours of being repeatedly dropped. To safeguard the recipe and guarantee the quality the rubber, compounds are mixed 'on-site' at our factory, and before production begins each compound is tested to make sure it meets the exact requirements and specifications.

Every single plate is weighed at two separate points during the production process to ensure it is within specified limits, then at the end of the production cycle a selection of plates are drop tested up to thirty thousand times, just for good measure!

All to make the best plates possible – trust us, you won't be disappointed!



RUBBER BUMPER PLATES



Black Series

Rock solid and reliable, RAZE Black Series plates will not let you down

Designed to the IWF standard diameter of 450mm, the Black Series solid rubber Olympic plates are manufactured using a unique blend of virgin and reclaimed rubber to give an excellent balance between durability and affordability

A real all-rounder – these plates are perfect for all commercial gyms, strength and conditioning facilities, CrossFit boxes or a home garage stet up

Nice and wide, the plates have a real solid feel to them which results in a lower-bounce when a loaded bar is dropped to the floor.

The 50.4mm centre hole is reinforced with a stainless steel sleeve for increased structural integrity and to make it easier to slide the plates on and off bars.

The weight of each plate is calibrated to within a tolerance of +/- 2%.

Drop tested to 10,000 cycles

Plate widths:

5KG - 27mm

10KG - 47mm

15KG - 65mm

20KG - 82mm

25KG - 88mm

| | 5kg |
|--------|------|
| 230002 | |
| | 15kg |
| 230004 | |
| | 25kg |



RUBBER BUMPER PLATES

Premium Series

Virtually indestructible!

Created from virgin rubber and drop tested to 30,000 cycles, these premium plates are manufactured to the highest standard offering supreme levels of strength and durability.

Ideal for heavy use lifting areas, weightlifting clubs and CrossFit boxes. Each weight is a different colour for easy weight identification, in-line with the IWF colour specifications

During the production process the weight of each plate is calibrated to within a tolerance of \pm 0.5%.

Designed and produced to the IWF standard diameter of 450mm, with a 50.4mm centre hole that is reinforced with a machined stainless steel sleeve for increased structural integrity and to make it easier to load the plates on and off bars.

The bumper plates provide excellent protection for flooring, reduced noise and bounce if dro

| 230006 | 5kg |
|--------|------|
| 230007 | |
| 230008 | 15kg |
| 230009 | |
| 230010 | 25kg |









Elite Series

When only the best will do look no further than the RAZE Elite plates

Manufactured to be as close to the IWF standard as possible, these plates feature a large solid steel centre hub which effectively allows the plates to be narrower than the Black or Premium Series plates while still maintaining a high level of durability – ultimately meaning you can load much more weight onto the bar.

During the production process the weight of each plate is calibrated to within a tolerance of +/- 0.5%.

Plate widths:

10KG - 30mm 20KG - 50mm 15KG - 40mm 25KG - 60mm



| | 10kg |
|--------|------|
| 230011 | |
| | 20kg |
| 230013 | |

CAST PLATES

BARS & COLLARS

Cast iron weight plates in IWF specification colours.







230198 0.5kg 230199 1.0kg 230200 2.0kg



Serious bars for serious lifting!

All the RAZE weightlifting bars are made from a high quality steel shaft which is 100% stress tested during production. Each features the RAZE signature dual profile knurling - light in the centre and deeper at the edges - which has been carefully designed to offer the right amount of grip without being too aggressive. The sleeves are constructed from seamless steel and finished with a light ribbing to prevent collar slippage



"In our opinion, if you're looking for an all-round performer with excellent balance between performance and affordability, then you won't find better than the RAZE Black Series bars"

With a tensile strength of 185k psi the bar is strong enough for heavy lifting whilst still offering a great feel and whip. The shaft is finished in manganese phosphate which was chosen for it's hardness and superior corrosion resistance. The proprietary designed copper alloy bushing is hard, strong and corrosion resistant, while the lubrication system ensures a smooth rotation, whatever the load. In our opinion, if you're looking for an all-round performer with excellent balance between performance and affordability, then you won't find better than the RAZE Black Series bars.







Premium Series

When you take your Olympic lifting to the next level you really should be looking at the RAZE Premium bars. The chrome finished shaft is formed from a special low carbon steel with a tensile strength of 216k psi, meaning it's super strong yet elastic enough to return true after each lift





Elite Series

Featuring the same 216k psi tensile strength shaft as the Premium bar, the main differenc eto the Elite bar is the sleeve rotation system. The sleeves rotate on high grade needle bearings with a fluidity of rotation which is second to none. The longevity of bar has been tested to 30,000 drops without deforming.

| | Code | Weight | Shaft Diameter | Length | Loadable Sleeve Length | Knurl | Tensile Strength | Sleeve Rotation |
|----------------------|--------|--------|-------------------|--------|------------------------------|-------|---------------------|--------------------|
| Men's Black Series | 230109 | 20kg | 28mm | 220cm | 41cm | IWF | 185k psi | Bushing |
| Women's Black Series | 230110 | 15kg | 25mm | 201cm | 32cm | IWF | 185k psi | Bushing |
| Men's Premium | 230111 | 20kg | 28mm | 220cm | 41cm | IWF | 216k psi | Bushing |
| Women's Premium | 230112 | 15kg | 25mm | 201cm | 32cm | IWF | 216k psi | Bushing |
| Men's Elite | 230113 | 20kg | 28mm | 220cm | 41cm | IWF | 216k psi | Bearing |







Spring Collars

Simple design and easy to use. Made from 3mm sprung steel that is progressively wound, creating outstanding grip on the bar.
Sold in pairs



230115

Quick Lock Collars

Made from an extremely tough and durable thermo elastic polymer, the RAZE Quick Lock Collars do exactly what they promise - they are quick to use and solidly lock the plates onto your bar - leaving you to concentrate on your lifting. Sold in pairs

230201

Elite Collars

Two stage locking design offers ease of use and strong clamp action - ensuring plates are securely locked onto your bar. Each collar weighs 2.5kg
Sold in pairs

230114

Z.SKg



Technique Bar

The ultra light 7kg RAZE Technique Bar has been developed specifically for those who are new to weight training and Olympic Lifting. The machine knurled aluminium bar is 28mm in diameter and mated with steel sleeves to give a real bar feel at a fraction of the weight.

The bar is 183cm (6ft) in length with an internal collar to collar measurement of 132cm (52inches), the same as that of a full-sized Olympic bar.

Ideal for use together with the RAZE technique plates, the bar has a max load weight of 65kg.

230116

Technique bar



Deadlift Bar

The RAZE deadlift bar boasts a dual height handle giving greater usability to athletes of all sizes and physical ability. The machine knurled raised handles allow dead-jumps, shrugs, and carries to be performed from a higher starting position, and the sharper knurled lower handle gives the same starting point as you would get on a straight deadlift bar.

The hex shaped bar means you stand inside it and grip the handles laterally, providing a more natural hand position. It's great for teaching deadlift technique as the load is placed inline with the body, encouraging you to stay upright and placing more of the load on your legs than your back. It also means you won't end scuffing your shins when deadlifting – always a bonus!

220cm (7ft) in length, so it can safely be used on platforms without damaging the lifting area. Max weight capacity is 600kg





CAST KETTLEBELLS



Rugged, durable, reliable – you know it's RAZE

Formed from the highest quality iron ore available, the RAZE cast kettlebells are made using a special casting process so each bell can have the smoothest finish possible, free of voids or other surface defects. It's cast in a single procedure to create a stronger, more durable kettlebell - the bell and handle are one piece, no welding.

The shape and dimensions of the handle itself were borne from the same design process as the RAZE rubber kettlebell, with diameter and spacing painstakingly calculated to deliver the most usable kettlebell possible.

The base of each and every RAZE cast kettlebell is machined flat so it sits perfectly on the floor and does not wobble – providing a really stable base for you to train from.

Finished with a matte black powder coat which is better for holding chalk and prevents slippage when your hands get sweaty, each size of kettlebell also features a different highlight colour around the weight indicator for easy identification.

| 230042 | 4.0kg |
|--------|--------|
| 230043 | 8.0kg |
| 230044 | 12.0kg |
| 230045 | 16.0kg |
| 230046 | 20.0kg |
| 230047 | 24.0kg |
| 230048 | 28.0kg |
| 230049 | 32.0kg |
| 230050 | 36.0kg |
| 230051 | 40.0kg |
| | |



RUBBER KETTLEBELLS

Stylish design and durable construction, the RAZE rubber kettlebell would be a solid addition to any training environment

In our quest to create the finest and most usable kettlebell out there we consulted with industry experts and kettlebell masters over aspects such as size, shape and feel to make sure we got it just right. Every dimension has been checked, trialled and verified, with the handle in particular being painstakingly designed to provide an ergonomically perfect fit, using either one or two hands.

Once we had got the design right, we needed to back it up with quality materials and craftsmanship – so we chose to cover the bell with a special rubber compound that exhibits excellent hard wearing capabilities. The hard chrome handle, chosen for it's durability, has an ever so slightly textured satin finish for exceptional feel when swinging.

Large weight indicators are wisely positioned on the top of the bell, making them really easy to read when stored.

| 4 | 230052 | 4.0kg |
|---|--------|--------|
| 4 | 230053 | 6.0kg |
| 4 | 230054 | 8.0kg |
| 4 | 230055 | 10.0kg |
| 4 | 230056 | 12.0kg |
| 4 | 230057 | 16.0kg |
| 4 | 230058 | 20.0kg |
| 4 | 230059 | 24.0kg |
| 4 | 230060 | 28.0kg |
| 4 | 230061 | 32.0kg |



BATTLE ROPES

Simple to set up and even easier to use – you could easily be fooled into thinking a workout with a battle rope is going to be a doddle, but beware, just a few minutes with one of these will give you a seriously intense all over body workout and get your heart going – taking care of the cardio workout as well!

- Made from a super strong, yet dynamic and flexible blend of polydacron feels great to use and is very hardwearing.
- Available with or without a nylon outer casing the casing adds extra protection and is perfect for outdoor scenarios such as bootcamps
- Choose from 2 lengths (30' or 50') the longer the rope, the heavier!
- Also great for attaching to sleds for pulling
- Metal bracket loop attachment also available attach to (through) the end of any battle rope to give it an integrated loop end making it easier to attach to sleds, rigs, and pretty much anything you like.



Covered ropes

230127 1.5", 30ft 230128 1.5", 50ft

230129 meta

230125 1.5", 30ft 230126 1.5", 50ft



POWER BANDS

Useful in almost any training routine, RAZE power bands are a great way to add intensity without . adding weight

Made from 100% pure natural latex sheets, bonded together in layers then sliced to various widths to form the different sizes.

Although this layering process is more expensive, it offers greater strength

closed loop and 41" long when lay flat

| 230097 | 1/4" (6.5mm) - Orange |
|--------|--------------------------|
| 230098 | |
| 230099 | 13/16" (22mm) - Black |
| 230100 | |
| 230101 | |
| 230102 | |
| 230103 | 3 & 1/4" (83mm) - Orange |















MED BALLS

Classic Grip

The RAZE medicine ball has a unique construction and hi-grip, textured finish, making it perfect for throws and catches.

The large, white, weight indicators stand out against the textured black background





| 230023 | 1.0kg |
|--------|--------|
| 230024 | 2.0kg |
| 230025 | 3.0kg |
| 230026 | 4.0kg |
| 230027 | 5.0kg |
| 230028 | 6.0kg |
| 230029 | 7.0kg |
| 230030 | 8.0kg |
| 230031 | 9.0kg |
| 230032 | 10.0kg |
| | |

Med balls are easily incorporated into functional training routines and are ideal for adding variety to your upper body workouts. They're also great to train explosive power and improve coordination.

Dual Grip

The RAZE dual grip medicine ball features two moulded handles, allowing you to hold the ball in different ways and add even more diversity to your workout.

Manufactured from high quality, lighted textured rubber and featuring large easy to read weight indicators, the RAZE dual grip med ball is a solid performer.

| 230016 | 4.0kg |
|--------|--------|
| 230017 | 5.0kg |
| 230018 | 6.0kg |
| 230019 | 7.0kg |
| 230020 | 8.0kg |
| 230021 | 9.0kg |
| 230022 | 10.0kg |
| | |



SLAM BALLS



everything you have got and will be waiting for you in the next round.

This training tool is the ideal companion to traditional medicine balls and wall balls as they are designed to be slammed! Against walls, into floors....use your imagination, and unlike medicine balls and wall balls there is no rebound, wall balls "dead bounce".

Every muscle in the body is worked using slam balls resulting in a pretty effective conditioning drill that will have your heart and lungs bursting.

The slam balls feature a textured surface and a constantly moving filler material that adds a new dimension to training - dynamic shift - this is a huge benefit when developing explosive strength whilst performing sports related movements.

230120

230123 230124





Right tool for the job, the RAZE Wall Ball has been designed for sport specific training and dynamic movements

Constructed from high quality textiles with double stitched seams throughout – this highly durable yet soft construction makes it suitable for all user abilities and fitness levels by reducing the chances of impact injuries when thrown forcefully and caught.

Lighter wall balls can be used for traditional core strengthening exercises such as weighted sit-up & throws, and Russian twists, and they're also suitable for the early stages of rehabilitation. The heavier wall balls can be used for carries, loading drills, explosive throws, power development sessions and in conditioning workouts, making them a must for any serious training facility where steady progression is required.

Each ball is the same 36cm (14") diameter so you can progress up and down the weights without having to worry about altering your technique - particularly useful in group fitness and PT environment where you have different size and shape users.

| umerent size and snape users |
|---|
| RAZE RAZE RAZE RAZE RAZE RAZE RAZE RAZE |
| |

| 230104 | 4.0kg |
|--------|--------|
| 230105 | 6.0kg |
| 230106 | 8.0kg |
| 230202 | 9.0kg |
| 230107 | 10.0kg |
| 230108 | 12.0kg |
| | 8 |

FICAL ATHLETE TE

PLYO BOXES

3 in 1 wooden plyo box

The RAZE wooden plyo box gives you 3 different heights in one box – it has a 20" (51cm), 24" (60cm) and 30" (75cm) side.

Solid construction with reinforcing centre piece Comes flat pack, self-assembly required, all parts / fixings and easy to follow instructions included.

230132

3in.









Soft plyo boxes

Our incredibly versatile soft plyo boxes are perfect for the development of explosive power.

Made from foam and covered with a hard wearing, wipe clean vinyl, they offer a soft but stable landing surface that reduces stress on joints– plus there's no danger of shin damage if you miss a jump! Boxes can be used individually or securely attached together to allow many variations in height up to a maximum of 160cm (5' 3"). They are also light enough to easily move around your training space.

- Available in 3" (7.5cm), 6" (15cm), 12" (30cm), 18" (45cm), 24" (60cm) heights
- Large landing area of 90cm x 75cm
- Covered in wipe clean vinyl
- Velcro the boxes together for extra height

| 230133 | |
|--------|--|
| 230134 | |
| 230135 | |
| 230136 | |
| 230137 | |
| | |





GYM RINGS

Whether you're a gymnast or not, training with gymnastic rings have immense benefits. Just look at a gymnast! Many people would agreethat they have perfect physiques. Using rings focuses on true functional training that builds superior upper body strength, balance and stability. You develop a lean, defined physique with a high strength to size ratio. You do natural, compound movements that are kindon the joints with no fixed path of motion. You improve your shoulder stability and flexibility and improve your core strength dramatically.

Classic rings

230131 28mm

Olympic regulation 28mm rings with heavy duty bracket and adjustable 38mm strap complete with stitched in space markings for easy hanging









Oversized 32mm diameter wooden rings are easier to maintain false grip and train for that first muscle up! Heavy duty, quickly adjustable cam brackets Super strong 6m long x 38mm wide straps featuring numbers and space markings so you can easily line up your rings – no more guessing!



STORAGE RACKS

5 Ball Med Ball Rack

- Stylishly designed medicine ball rack offers ideal easy access storage and comfortably holds any size of classic or dual grip medicine ball
- Designed to be extremely stable and finished in matte black paint for added durability
- Rubber feet pads provide protection for floor coverings
- L: 54cm x W: 67cm x H: 152cm

230033 5 balls



3 Tier Dumbell Rack

- Store your dumbells in style with the RAZE 3 tier dumbell rack
- Dumbells are located in injection moulded saddles
- Finished in matte black paint for added durability
- Holds 10 pairs in a 4 (top), 3(middle), 3 (bottom) layout.
 The top row will hold any dumbell up to 25kg,
 the middle and bottom rows will hold any
 weight dumbell.
- Rubber feet pads provide protection for floor coverings
- L: 185cm x W: 80cm x H: 96cm

230090 3 tier s





Kettlehell Rack

- Well designed and built to last, the RAZE kettlebell rack is the ideal storage solution for your RAZE kettlebells, whether they're cast iron or rubber
- Finished in matte black paint for added durability
- Will comfortably hold a full set 10 kettlebells of either RAZE cast iron and rubber styles.
- Protective rubber lined trays to prevent damage to both the kettlebells and rack.
- Rubber feet pads provide protection for floor coverings
- L: 146cm x W: 48cm x H: 68cm

Horizontal Bumper Plate Rack

- Holds 10 plates custom spacing for a full set of 5kg to 25kg
- Small post on the back to hold small cast plates
- With a handle and 2 wheels, the rack is fully portable
- L: 168cm x W: 43cm

230138 10 plates



- Available for both 5 pairs and 6 pairs
- Both racks can be easily extended to create a custom rack size with the use of extension trays and extra legs have a 10 pair, 12 pair, 15 pair, 18 pair.....and so on...
- Dumbells are located in injection moulded saddles
- Finished in matte black paint for added durability
- Rubber feet pads provide protection
- 5 pairs L: 128cm x W: 70cm x H: 89cm
- 6 pairs L: 153cm x W: 70cm x H: 89cm

| 230139 | 5 pairs rack |
|--------|------------------------|
| 230140 | |
| 230141 | 5 pair extension trays |
| 230142 | 6 pair extension trays |
| 230143 | extension leg |







If you would like more information, please contact us using the details below:

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